



COVER IT
WASH THEM
STAY HOME

If you or a family member have runny nose, fever, sore throat, and generally feel ill...PLEASE stay home...cover your coughs and sneezes...and wash your hands frequently. When the H1N1 Influenza Vaccine arrives later in October, be sure to get the shot and protect your family, friends, and co-workers.

For more information about H1N1 Influenza Virus and Vaccine, visit the LaPorte County Health Department's website [at www.laportecounty.org](http://www.laportecounty.org) ...click on "current local flu information."
Email your questions to H1N1@laportecounty.org or call the Health Department at 219/326-6808 X2200.

